



**Hands Up for
Nature!**

infopack

The Youth Exchange, 15-24.03.2018, Néa Kallikrátia, Thessaloniki, Greece



Erasmus+



**YOUTH
AND LIFELONG
LEARNING
FOUNDATION**



You can find all important information here.
Please read it carefully!!

About the project

The project includes 2 activities: the **APV** and the **Youth Exchange**.



There was the Advanced Planning Visit organised between 27th and 30th of October 2017 in order to ensure well prepared Youth Exchange for all involved participants and to share duties and responsibilities among youth leaders as well as to prepare all involved local stakeholders and activists for meeting our young people during the exchange.

The Youth Exchange is the main activity of the project.

It is designed for young people coming from 9 European countries gathering them in order to tackle the environmental issue they see and are interested in. Water protection, protection of beaches and coasts are main topics of the youth exchange that participants want to discuss and explore more since they want to increase awareness of locals and tourists coming to summer resorts by the sea or lakes.

The YE

15-24.03.2018

Néa Kallikrátia,
Thessaloniki,
Greece

The Youth Exchange will be held from 15th to 24th of March 2018 in Nea Kalikratia, around 30 km far from the airport in Thessaloniki, Greece.

Why ?

There is a huge need for a more global approach to water policy and a need to increase the awareness of people in general.

We want to get to know more about situation of water protection and management in other European countries, focusing on protection of seas, lakes, rivers and coastal beaches.

The other aim of this youth exchange is to develop skills and experience in social campaigning.

We will have the opportunity for self-development in all the stages of campaign: preparation, implementation, evaluation and reflection. This is relevant skill nowadays for young people since it helps to break up barriers for public performance, public speaking, group and team work, leading and planning, debriefing and evaluating results.

We will also have an international experience, get to know other cultures and traditions better, break stereotypes and promote common understanding, multicultural dialogue and activism of young people on local, regional, national and international level.



Agenda of the APV

#HU4N	Day 1 15/03	Day 2 16/03	Day 3 17/03	Day 4 18/03	Day 5 19/03	Day 6 20/03	Day 7 21/03	Day 8 22/03	Day 9 23/03	Day 10 24/03	
08:00–09:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
10:00–11:30	A R R I V A L S	Getting to know each other Expectations-contributions-fears	Main topic of the project – why and what?	Meeting local stakeholders	Good practices and examples of being eco-friendly	Campaigning: Preparations	Implementation of campaigns	Campaigning during youth exchanges in a nutshell	Erasmus+ presentation Youthpass	D E P A R T U R E S	
11:30–12:00		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break		
12:00–13:30		Presenting project, objectives, methodology, ground rules	Main topic of the project – why and what?	Meeting local stakeholders	Campaigning: What is it? Know how	Campaigning: Preparations	Implementation of campaigns: Feedback and evaluation	Campaigning during youth exchanges in a nutshell	Follow-ups creation		
13:30–15:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
15:30–17:00		Team building	Country profiles: Introduction	Exploring Thessaloniki and local culture	Campaigning: research	Campaigning: Preparations and promotion	Free afternoon	Visibility & online dissemination Final outcomes of visibility groups	Presentation of follow-up ideas and feedback		
17:00–17:30		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break		
17:30–19:00		Opening ceremony First introductions	NGO's Fashion show	Country profiles: Presentations	Exploring Thessaloniki and local culture	Campaigning: Brainstorming and proposals	Campaigning: Final preparations	Free afternoon	Visibility & online dissemination Final outcomes of visibility groups		Final evaluation
19:00–19:30		Introduction to venue	Reflection groups Leaders meeting	Reflection groups Leaders meeting	Reflection groups Leaders meeting	Mid-term evaluation	Reflection groups Leaders meeting	Reflection groups Leaders meeting	Reflection groups Leaders meeting		Youthpass ceremony
19:30–20:30		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		Dinner
21:30–00:00		Welcome party	Games night	Intercultural evening	Storytelling (open-space)	Intercultural evening	Movie night (Before the flood)	Intercultural evening	Open-space		Farewell party

Participant's Profile

- 18 – 25 years old (can be exception for few people to be older if with fewer opportunities)
- National groups should have no, basic or some experience related to project topics, Erasmus+ programme, non-formal education and youth work
- Participants must have basic knowledge of English language
- Be motivated to actively participate in all project activities (including follow-ups)
- The national groups should have at least to 2 male and 2 female participants per group (best would be to be 3 males and 3 females)
- At least 2 or 3 participants per country should be young people with fewer opportunities facing some kind of obstacles or difficulties (economic, social, geographical or cultural differences). For example: unemployed or low standard of living; NEET (not in education or training); living in rural or remote areas; minorities based on ethnicity, race, religion or sexual orientation.



Participants' duties

YOU WILL BE PREPARING:

- Website with daily blog
- Videos & Photos
- Social-media content
- Creative promotional materials

YOU WILL ORGANISE:

- CAMPAIGNS IN THE TOWN
- FOLLOW-UP ACTIVITIES



You should KNOW

- There will be 54 participants coming from 9 countries and project coordinator from the hosting organisation.
- During the Youth Exchange leaders will coordinate workshops led with involvement of all participants.
- Every day we will have cleaning groups (will be decided on 2nd day) for cleaning up the working room and after the evenings.
- Preparation for the intercultural evening: please bring food, snacks, drinks, brochures, music, traditional clothes etc. Power-point and youtube videos will not be allowed as they can be shared on project facebook group. Instead you should prepare creative presentations that can involve other participants such as theatre plays, dances, singing, quizzes or something similar. Each country will have maximum 15 minutes for presentation.
- **There will be a participation fee (25 euro).**



How to apply?

The Youth Exchange 15/24.03.2018

If you want to take part in the YE and become a part of your national group, please fill in the form:

<https://goo.gl/forms/DJjAWqokwcz6uY5V2>

Deadline for applying: **30th of January 2018**



Deadlines

The youth exchange will be held from **15th to 24th of March 2018**.

- Deadline for selection: **1st of February 2018**
- Deadline for planning travel and booking trips: **5th of February 2018**
- Deadline for implementation of follow-up activities: **1st of May 2018**



Venue & Hotel

Accommodation will be in 2, 3 or 4 beds rooms.
Participants will be accommodated with people from different countries.

Venue: **Hotel Atlantis**
Ioanni Avgeridi 35
Néa Kallikrátia, Thessaloniki, Greece



Travel Details

- In order to participate in the Youth Exchange you need to arrive to Greece **latest on 15th of March** and departure **not sooner than 24th of March 2018**.
- **You should all try to arrive together with our national groups in Thessaloniki and to arrive latest by 6 pm afternoon. Depending on arrival times, most probably there will be bus organised for pick-up of groups from Thessaloniki center and airport.**
- Before buying your tickets, please confirm all of them with your leaders!
- **The best if you fly to Thessaloniki airport.** More details about how to reach our project venue we will send in e-mails directly to participants.
- All online tickets, boarding passes, e-mails and invoices you have to send us to e-mail: handsupfornature@gmail.com
- All original hardcopies and paper tickets, cards, boarding passes, facturas, invoices and bills you have to give us once you arrive to Greece – so please **buy all tickets you need for the way back in advance.**



Reimbursement Rules

Participants have possibility to stay in Greece up to 2 days before or after the Youth exchange. Staying outside of youth exchange dates will not be covered by the project. Participants must communicate with project team if they decide to do this.

Reimbursement will be done in euro on partner organisation's bank accounts, latest 1 month after the youth exchange. Reimbursement will be done only after all participants send their original tickets to hosting organisation by post.

We will reimburse your travel costs only if you attend the whole duration of the activity and provide for us all original tickets, boarding passes and invoices.

Travel limits:

Poland	275 eur
Macedonia	180 eur
Portugal	360 eur
Bulgaria	180 eur
Croatia	275 eur
Estonia	275 eur
Slovenia	275 eur
Lithuania	275 eur
Greece	20 eur

Hosting NGO

The **BUSINESS MENTALITY** is a non profit organisation established in 2014 and its objective is to promote, strengthen and support entrepreneurship and a culture of the society and citizens, especially the youth.

The **BUSINESS MENTALITY** aims to contribute creating a friendly business environment and strengthen the culture of children and communities in relation to entrepreneurship which will lead societies themselves to sustainable economic development.

The mission of **BUSINESS MENTALITY** is to help through the actions of the systematic development of entrepreneurship within Greek borders and beyond.

BUSINESS MENTALITY ASTIKI MI KERDOSKOPIKI ETAIREIA

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Contact us

- If you have any questions, we will be more than happy to help.

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